

JUNE 2010

International Club of Maputo

NEWSLETTER

www.icmmaputo.org
icm_maputo@hotmail.com

Our thanks go to the outgoing board for the work they have done and for all their accomplishments over their past year of service

What's On?



Ricardo Rangel exhibition

at the Kulungwana Gallery at CFM
from June 10th - July 15th.

The June Art and Architecture

Program continues until June 27th, including tours of Pancho Guedes buildings, an art deco morning, a visit to the Chissano museum and Pancho's Sangrada Familia and a photo competition. Contact Portuguese Consulate or consult your M-Info newsletter # 109.

Board News

The Annual General Meeting of the ICM was held on Tuesday May 18th.

Board elections took place and the following officers were elected:-

President	- Angela Klöckner
Vice President	- Alessandra Lo Cascio
Secretary	- Patrina West
Treasurer	- Anju Dua
Charity	- Eliane Hawkins and Branislava Stojanovic
Excursions	- Ana Leandro & Soraia Carrilho
Newcomers	- Yamini Amrohi
Membership	- Charlotte Crookall
Fundraising	- Manuela Spittler & Yamini Amrohi
Website/Outreach	- Angela Leicht

The next Board Meeting will be held **July 6th**. If there is anything you would like to bring to the board's attention, please contact

icm_maputo@hotmail.com.

Please see our web page for a summary of our charitable donations during the 2009-2010 year

Other News

Cookbook

The ICM is planning to put together a cookbook of recipes from our members for sale to benefit our chosen charities. If you have a favourite recipe, or a recipe from your country that you would recommend or like to share, please send it in to us. Not all recipes can be included. If you know of someone who would like to sponsor the printing of this book, please contact us for that too!

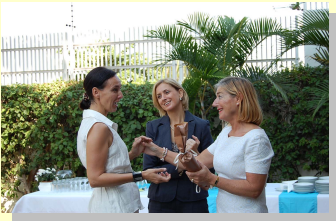
Charity Basket

ICM will collect food donations at all monthly meetings in future.

Animal Lover?



The Mozambique Animal Protection Society (MAPS) needs you! To see how you can help, please check out their Facebook Page or contact ICM.



Many thanks to Angela Klöckner for hosting a lovely farewell lunch for all our departing members on June 4th

Raffle prize to donate?

We welcome all donations for the raffle we have at each monthly meeting.

Ideas for excursions?

Let us know!

Can you host a meeting?

Contact a board member

Other News (cont.)

The new **Trauma Centre & Well Woman Clinic** has opened on Avenida Julius Nyerere. Contact 21 485 052/3/4/5/6

Stay safe in South Africa during the World Cup

The SA consulate has been briefed on how citizens and visitors can avoid falling victim to crime during this period. Please consult our website for the summary of recommendations.

Visit to Charities

Eliane and Brani will put out sign-up sheets at the general meeting next week to see who is interested in visiting some of the charities we supported last year.

Events

Many great events planned for this year and early next year! Watch the website www.icmmaputo.org for more news.

Information Sources

ICM Guide to Living in Maputo is now available on the ICM website under "Info". If you have any suggestions, additions or corrections please contact the ICM .

M-Info is an online newsletter targeted towards ex-pats and contains current information about many events and activities available or taking place in Maputo. Contact Elena Son at elena@intra.co.mz to be added to the mailing list.

Living in Maputo is also an online newsletter available through the Club of Mozambique. Locate "Publications" on their website: www.clubofmozambique.com

Centro Cultural Franco-Moçambicano for many types of cultural events. Visit their website: <http://ccfm Mozambique.com>

Buying or Selling? Try www.maputoyardsale.blogspot.com

Notice boards are available at the Super Mares grocery store, the American International School and you may be able to post an advertisement at Cafe Sol, with permission.

Need to learn Portuguese?

The Nova Escola de Linguas starts a new intensive course at the beginning of each month. Visit www.novaesclodellinguas.com or consult our Guide to Living in Maputo for other schools.

Regular ICM Activities

Portuguese Conversation, normally Thursdays @ 14h30 resumes August 15th.

French Conversation Tuesdays @ 8h30. Contact Claire M.

Bridge, Thursdays @ 10h00, resumes last week of July. Contact Angela L.

Jewellery-making is on Mondays @11h00. Contact Sharon F.

Painting is on Fridays @ 9h30. Contact Alessandra Lo C.

Mahjong is on Wednesdays @ 14h30. Contact Jessica G.

Hatha Yoga / Pilates - Mondays and Wednesdays @ 9h00. Ph: 84 215 4874

Birding - contact ICM

Photography - we aim to start this activity this year.

Pregnancy Group meets once at month with midwife Claudia S.

Cancer Support Group meets monthly on the last Thursday of the month at Debby B's house. Even if you are in remission, others will benefit from your input, and experience. We are here to support you in your time of need.

Non-ICM Activities

Maputo Hash House Harriers

Saturdays @ 3pm. Runners, walkers, children and dogs are welcome. Starts at the Aero Clube, opposite the Dutch embassy. For details visit www.maputohashhouseharriers.org

Grupo Latino

A Spanish-speaking women's group that meets the first Tuesday of the month @ 4pm in one of the member's homes. Contact Milagros Teran at milagros.teran@hotmail.com

The Book Club

The book club has over 1,700 books, mostly fiction, and meets held once a month on Wednesday morning for tea, conversation and book swapping at Gilda's home. Contact her on 826112819

Maputo Duplicate Bridge

For the more experienced bridge player, duplicate bridge takes place on a Monday evening at a venue that will change shortly, to be announced. Email Angie at leicht@tvcabo.co.mz.

Ladies Golf

A small group of ladies meet for golf on a Tuesday morning at 07h30. Please contact Ana Leandro at analeandro.pt@gmail.com

Maputo Young Professionals Network

Join a group of young professionals in Maputo, whether you are single or married, local or ex-patriot. They meet for leisure activities, friendship and networking. Contact Danny at diplo_dan@yahoo.fr

The CHARITIES that we have supported this past year have included:

IMAGINE



ARCO IRIS



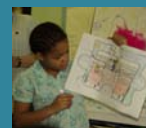
ALL NATIONS



LIVRO ABERTO



HORIZONTE AZUL



MACHAKA



Many volunteer opportunities are available in Maputo and surrounding areas. Contact icm_maputo@hotmail.com.

Non-ICM Activities (cont.)

Wine Tasting @ Zambis

Every second Tuesday @ 19h00. Call Denise on 84 3837715

Maputo Chamber Choir

Meets on Tuesdays at the American International School from 18h30 to 20h00. Contact geoff.gallagher@aism-moz.com

Capoeira

Tuesdays and Thursdays from 19h30 to 21h00 at Casa do Cultura Alto Mae. Contact joanacapoeira@gmail.com.

Yoga, belly-dancing and meditation, core training

Kosmoz Centre (contact Kelly 842154874) or Isis Grupo de Dança Oriental

Tango

Group and individual lessons. Mail odeonx@gmail.com

Kendo

Wednesday evenings @ 18h00 at Club Naval. Contact details will provided.

Sign-language

Contact veraalvespereira@hotmail.com

Public Holidays



New Year's Day	Jan 1
Mozambique Heroes' Day	February 3rd
Mozambique Women's Day	April 7th
Labour Day	May 1st
Independence Day	June 25th
Victory Day	September 7th
Armed Forces Day	September 25th
Peace Day	October 4th
Maputo City Day	November 10th
Christmas Day	December 25th